

**BASSAM HAFFAR M.D. ~~ CRYSTAL WATKINS F.N.P.**

**117 7TH AVENUE, SOUTH CHARLESTON, WV 25303**

**P(304)345-2255 FAX(304)470-4366**

**EGD (UPPER ENDOSCOPY) ~ PREP INSTRUCTIONS / FACILITY**

**NAME** \_\_\_\_\_ **BD** \_\_\_\_\_  
**DOS** \_\_\_\_\_ **ARRIVAL TIME** \_\_\_\_\_

*(Your scheduled time is your arrival time, please do not arrive early)*

I. \_\_\_\_\_ CHARLESTON SURGICAL HOSPITAL~~1306 KANAWHA BLVD EAST, CHARLESTON WV 25301

II. \_\_\_\_\_ THOMAS MEMORIAL HOSPITAL~~4605 MACCORKLE AVE, SW, SOUTH CHARLESTON, WV 25309  
(ENTER ON PAVILLION SIDE NEAR COFFEE SHOP)

III. \_\_\_\_\_ BOONE MEMORIAL HOSPITAL~~ 701 MADISON AVE, MADISON WV, 25130

**\*\* 10 TO 14 DAYS PRIOR TO YOUR EGD---please notify our office for further instructions if you are on ANY of the following list of medications:**

**1. ANTICOAGULANTS also called BLOOD THINNERS**--Such as BUT NOT LIMITED TO : **PLAVIX,** ELIQUIS, XARELTO, COUMADIN AND ASPIRIN 81MG OR 325MG.

**2. LONG ACTING MEDICATIONS FOR DIABETES OR WEIGHT LOSS**--EXENATIDE(bydureon), DULAGLUTIDE(trulicity), SEMAGLUTIDE(ozempic, wegovy or rybelsus) AND TIRZEPATIDE(mounjaro). **MUST BE HELD FOR 10 TO 14 DAYS BEFORE YOUR PROCEDURE. NO EXCEPTIONS!!**

**3. SHORT ACTING MEDICATIONS FOR DIABETES OR WEIGHT LOSS**-- EXENATIDE(byerra), or LIRAGLUTIDE (victoza or saxenda) **MUST BE HELD THE MORNING OF YOUR PROCEDURE. NO EXCEPTIONS!!**

--THE DAY BEFORE THE PROCEDURE:-- **\*\*\*DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT, YOU MAY BRUSH YOUR TEETH AND RINSE on THE MORNING of. NO GUM, NO MINTS, AND NO SMOKING, VAPING, SNUFF OR CHEW TOBACCO 12 HOURS BEFORE\*\*\***

--THE MORNING OF THE PROCEDURE, IF YOU ARE PRESCRIBED ANY OF THESE MEDICATIONS, YOU MAY TAKE THEM WITH A SIP OF WATER--**\*\*BLOOD PRESSURE MEDICATION, HEART MEDICATION, AND SEIZURE MEDICATION. HOLD ALL OTHERS UNTIL YOU GET HOME, (UNLESS OTHERWISE SPECIFIED).**

**\*\*ABSOLUTELY NO DRIVING!! YOU CANNOT DRIVE AFTER YOUR PROCEDURE FOR 24 HOURS. A RESPONSIBLE ADULT (OVER 18YRS OF AGE) MUST ACCOMPANY YOU THROUGHOUT THE DURATION OF THE PROCEDURE, SIGN YOU OUT AND DRIVE YOU HOME, failure to do so may result in you being rescheduled or cancelled.**

Thank you, Office staff/ Dr. Haffar