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Patient Name: _____ DOB: _____

Re: Breath Test in our office

You have been ordered a Breath Test to check for H. Pylori by one of our providers. The Breath Test is a simple and painless test that will take about 15 minutes. You do not need to schedule an appointment to have this done. You may come by the office between Monday to Thursday from 8am to 4:30pm. The instructions for the Breath Test is :

- 1. Do Not Eat or Drink 1 Hour Prior To The Breath Test**
- 2. Do not take ANY antibiotics, antimicrobials, or any bismuth preparations for 2 WEEKS. *Penicillin, Amoxicillin, Flagyl, Cipro, Xifaxan, Pepto-Bismal, Kaopectate, Maalox* Please call the office if you are unsure about any of your medications.**
- 3. Do Not Take Any PPI's for 2 Weeks Prior To the Breath Test. This includes Protonix (Pantoprazole), Prilosec (Omeprazole), Dexilant (Dexlansoprazole), Prevacid (Lansoprazole), Nexium (Esomeprazole), Zegerid OTC, Aciphex (Rabeprazole). Please call the office if you are unsure about any medication you are taking.**